



# Health & Human Services Agenda Request

3A  
Agenda Item #

**Requested Meeting Date:** September 26, 2023

**Title of Item:** Public Health Presentation

- ☒ REGULAR AGENDA  
☐ CONSENT AGENDA  
☐ INFORMATION ONLY

**Action Requested:**

- ☐ Approve/Deny Motion  
☐ Adopt Resolution (attach draft)

- ☐ Direction Requested  
☒ Discussion Item  
☐ Hold Public Hearing\*  
*\*provide copy of hearing notice that was published*

**Submitted by:**  
Paula Arimborgo

**Department:**  
H&HS Administration

**Presenter (Name and Title):**  
Erin Melz, H&HS Public Health Supervisor

**Estimated Time Needed:**  
20 min

**Summary of Issue:**  
Public Health Presentation

**Alternatives, Options, Effects on Others/Comments:**

**Recommended Action/Motion:**

**Financial Impact:**

*Is there a cost associated with this request?*

☐ Yes

☐ No

*What is the total cost, with tax and shipping? \$*

*Is this budgeted?*

☐ Yes

☐ No

*Please Explain:*

# Aitkin County Public Health Responsibilities



**Public Health**  
Prevent. Promote. Protect.

# What is Public Health?

- “Public Health is what we, as a society, do collectively to assure the conditions in which people can be healthy.”



## UPSTREAM & DOWNSTREAM: FOCUS ON ILLNESS



- Public Health is grounded in the importance of upstream prevention.

*“An ounce of prevention is worth a pound of cure”*

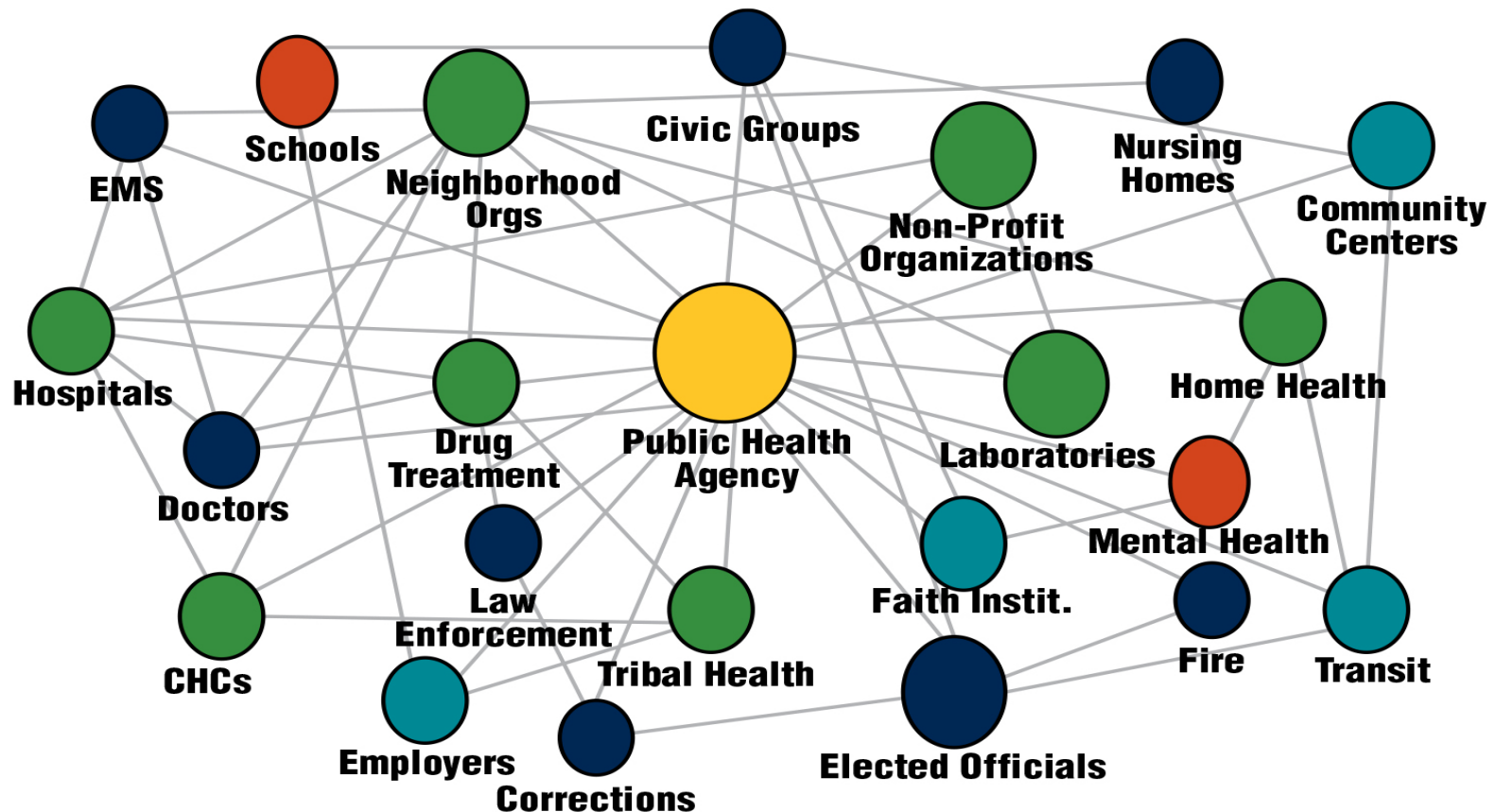
~Benjamin Franklin

# Return on Investment

- Local Interventions
  - \$1 invested in local Public Health, \$4 return
- National Interventions
  - \$1 invested in national Public Health, \$27 return

~The Network for Public Health Law

# Interconnected Work



# Essential Public Health Services



# Minnesota Statute 145A

- Assure an Adequate Public Health Infrastructure
- Promote Healthy Communities and Healthy Behaviors
- Prevent the Spread of Infectious Disease
- Protect Against Environmental Health Hazards
- Prepare for and Respond to Emergencies and Assist Communities in Recovery
- Assure the Quality and Accessibility of Health Services



# Minnesota Statute 145A

- Assure an Adequate Public Health Infrastructure
  - Maintain well-functioning public health system
  - Maintain foundational capacities
  - Prevent the deterioration of the public health system

# Minnesota Statute 145A

- Promote Healthy Communities and Healthy Behaviors
  - Population-Based
  - Promotion
  - Prevention

# Minnesota Statute 145A

- Prevent the Spread of Infectious Disease
  - Detect
  - Report
  - Prevent
  - Control

# Minnesota Statute 145A

- Protect Against Environmental Health Hazards
  - Identify
  - Monitor
  - Mitigate

# Minnesota Statute 145A

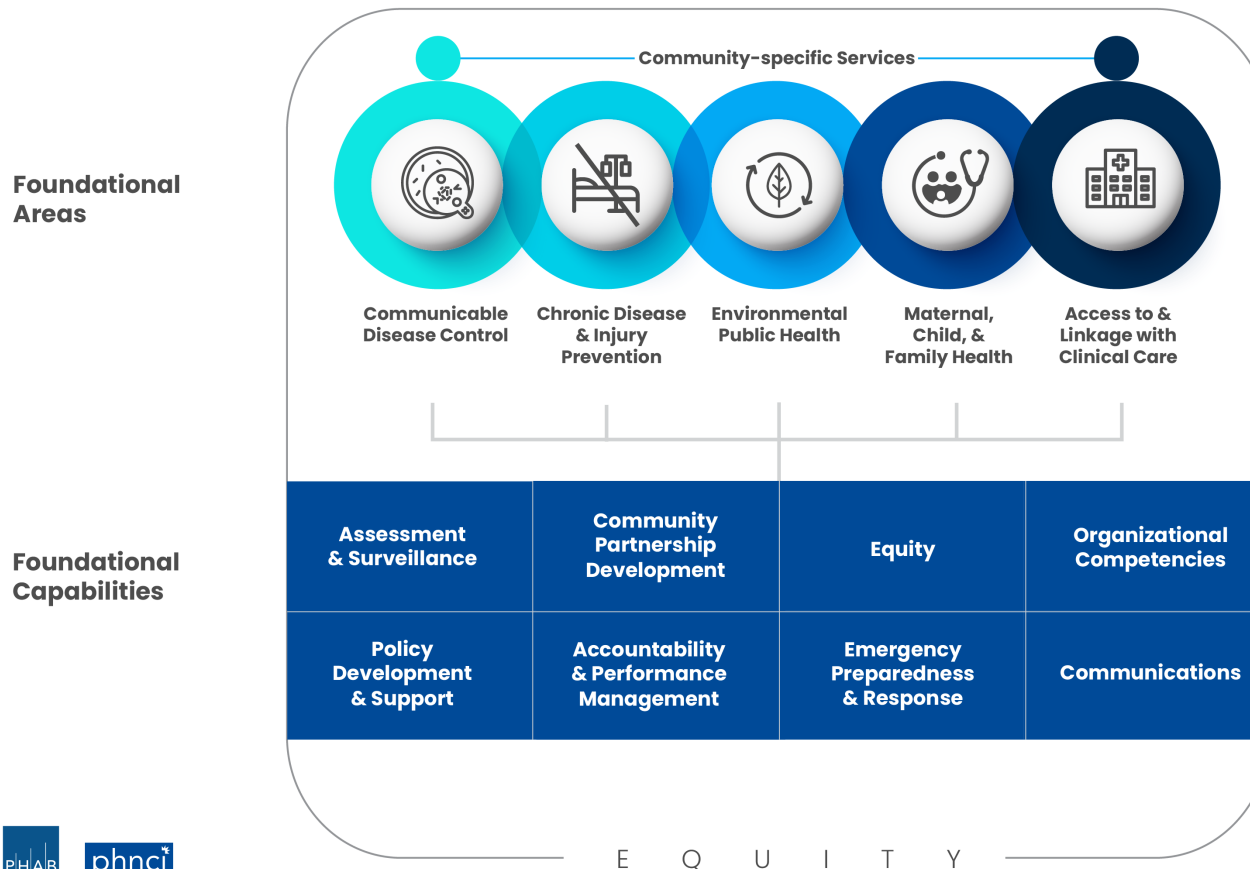
- Prepare for and Respond to Emergencies; Assist Communities in Recovery
  - Plan
  - Assist
  - Recover

# Minnesota Statute 145A

- Assure the Quality and Accessibility of Health Services
  - Capacity
  - Access
  - Identification & Reduction of Barriers

# Transforming the Public Health System in Minnesota

## Foundational Public Health Services



# The Work of Public Health

- <https://www.youtube.com/watch?v=tEJmNC8GZ48>



Thank You!



**Public Health**  
Prevent. Promote. Protect.  
**Aitkin County**